AVI 101 - Human Body Proportions
name: $\qquad$
TASK:

## PART 1

You will need a pencil, sketchbook (or paper), ruler and a partner.
Using your head as the basic unit of measurement, figure out how many heads fit into the following distances on your body. Use the ruler to figure out the length of space (not the cm distance)

Fill in the following chart:
head = basic unit of measurement.
How many heads fit into the distance between:
head to foot
shoulder to shoulder
elbow to finger tip
head to waist
waist to knee
knee to foot
How many:
hands in a head
hands in a foot

## PART 2

Draw a figure in your sketchbook (or on cartridge paper) based on the proportions you have just measured.

